



Woodfield Newsletter

Creating opportunities, discovering success

Summer 2:

Zones of Regulation:

At Woodfield, we model and support our pupils to better manage their emotions by using the Zones of Regulation.



sad bored tired sick	calm happy focused ready to learn
excited silly frustrated nervous hyper	out of control anger rage terror

he's EXTRAORDINARY
Resources For Raising an Extraordinary Person

Each classroom has a display to remind pupils of the zones and a dedicated space where pupils can sit when they need some time out.

In Upper school, the zones house pupils' calm boxes (a box containing pupils 'go to items' which they know help them self-soothe and regulate), and mindful activities such as colouring, ongoing jigsaws and fidget items.

Teaching young people techniques to manage their emotions is a key strategy to help them to develop resilience and to better cope with the ups and downs of life.

[How to make yourself a calming kit | Health For Teens](#)

Term dates

Academic Year 2023-24

Summer Term 2: Monday 3 June – Tuesday 9 July

Academic Year 2024-25

Training days	Tues 27 and Wed 28 August Thurs 29 August - Fri 18 October Mon 28 Oct - Fri 20 December
Training day	Mon 6 Jan Tues 7 Jan - Fri 14 Feb Mon 24 Feb - Thurs 10 April
Training day	Fri 11 April Mon 28 April - Thurs 22 May
Training day	Fri 23 May Mon 2 June - Tues 8 July

Good communication is important to us -

We've been continuing our work on learning Makaton and in this newsletter, we provide you with the letters A, S and K to link in with our core values: ambition, support and kindness.



General updates and info

Attendance is everyone's business

'Moments matter, attendance counts.'

Thank you for your continued partnership in ensuring your child attends school, arrives by 8.45am and is collected by 3.00pm every day.

According to the DfE, all parents/carers should ...'work with the school and local authority to help them understand their child's barriers to attendance. And 'Proactively engage with the support offered.' This may mean working with the school on transitional arrangements to improve attendance incrementally.

The link below provides support to parents/carers with clear information about what to do should your child fall ill.

[Is my child too ill for school? - NHS \(www.nhs.uk\)](https://www.nhs.uk)

Curriculum updates

We have purchased a scheme of learning called Jigsaw which will allow us to effectively teach personal, social, health, relationships and sex education appropriate to age and need, so that we can provide our pupils with the skills to make informed choices about the world in which we live. We'll share the plans finalised so you can support your child with conversations at home.

Similarly, staff have now completed their training on phonics and will be using Bug Club to deliver a consistent programme to support your child to read.

Reading is a crucial part of learning for every child; you can help by reading to your child or supporting them with access to reading materials in topics which interest them. You might enjoy exploring the link below from the National Literacy Trust

[National Literacy Trust Virtual School Library | Words for Life](#)

Supporting your child to be equipped for school

Please ensure your child is equipped everyday by sending them with:

- A water bottle (especially as it starts to get warmer, so our pupils stay hydrated, and for when we go to the gym each week)
- A suitable coat for blustery showers
- Comfortable clothing: we expect our pupils to be dressed appropriately for school so they can learn. Currently they should have black trouser bottoms, a white polo t-shirt/shirt and a black jumper. We will communicate with you about updates for September as we would like to introduce some logoed items so pupils can feel they belong to the Woodfield family
- Wellington boots for days when we visit Brolay Farm- **Lower school this term**
- A swimming kit and a towel for days when we go swimming
- Any medication needed (please ensure you have communicated this with us)
- Lunch if they bring their own

All pupils at Woodfield can demonstrate the character strengths from ASK by working hard, showing resilience and determination, listening to each other and showing kindness.

We follow our ASK principles:

- We have **ambition** for everyone at Woodfield and we try our best in everything we do
- We **support** each other: we listen, we are respectful and polite
- We show **kindness** in our everyday actions so that everyone feels valued and part of something special – the Woodfield family

We have great pleasure in announcing ASK award winners from the Summer Term:

Upper school: Gold: Cyrus, Silver: Mackenzie, Bronze: Isaac

Lower school: Gold: Ethan, Silver: Yussef and Leon, Bronze: Jamie

Well done to all of our pupils who demonstrate kindness in their actions to each other and have ambition to be the best version of themselves.